



# CAPOEIRA BRASIL BONDÍ

Formanda meirelou

Newsletter #12 September 2011

## Message from Formanda Meirelou...

Batizado translated means baptism. In capoeira a batizado is when a new student is officially welcomed into the group as a serious practitioner – a capoeirista – and given a special belt called cordão or corda. It's a time of celebration, not a test. It's the chance to take part in some really incredible capoeira rodas, meet visiting mestres, do special workshops, deepen your understanding of capoeira and really enjoy yourself!

The batizado ceremony involves a student playing a game of capoeira with one or more Mestres or high-level, graduated students. The game often but not always ends with a friendly take-down (at lower levels) and the student is awarded the first belt or corda. The teacher will be giving the student a nickname as part of the capoeira ritual.

You can only be baptised once! Subsequent belts are known as troca de corda (change of belt). The ceremony however remains pretty much the same except the Mestres may apply increasing amounts of pressure as a student moves up the cords.

Remember, even if you are not changing the colour of your belt in the next batizado, the participation on the event and the support of your "camaradas" is what makes the event successful!

*Meirelou!*



## Good news from CBBB...

### \* Festival of the Winds

The day was very windy and the kites coloured the blue sky, CB-BB kids and adult did as great job turning up in full uniform and the energy was fantastic, stopping the traffic and a huge crowd in front of the pavilion.

Thank you Mestre Peixe, professor Fominha, instructors Fila and Relógio for your support also thank to all our students present at the festival, I hope you had a great day.



[www.capoeirabrazil.com.au](http://www.capoeirabrazil.com.au) - Bondi Pavilion, Bondi Beach - 9387 6992  
Facebook - Grupo Capoeira Brazil - Bondi

\* News & Events...

- \* 16th Sept at 8 pm Famous Brazilian Singer "Marcio Mendes and special guests" going to Play for free in BB'S Bar 78 Campbell Parade Bondi Beach free entry all night.
- \* 16th Sept at 6 pm Acrobatic classes with Instructor Mosca in the College Studio, free class goes for 1 month only.

\* 17th Sept at 10 to 11:30 am Portuguese Class in the Capoeira college ; 8 weeks program \$150 ( full qualified Portuguese Teacher )

\* 17th Sept at 1:30 pm Samba Classes in the College Studio \$20 for 4 classes full qualified Samba Teacher )

\* 18th Sept at 10 to 11 pm - I would like to invite everybody to be part of CB-AU Roda of the Month !!

Roda Starts: 10am till 11am Will be at the "Ritmo Brazilian Day Celebration", Tumbalong Park, Darling Harbour

\* Please, wear the grey last grading t-shirt - kids, can be Bondi Beach grading t-shirt.

\* CB-AU Team performance on big stage at 4:00 pm Don't miss out!! Free Event

Ritmo Brazilian Day is the biggest Brazilian Festival in Australia with record numbers of 30,000 people in 2010 and promising to be an "unmissable" event in 2011.

Ritmo Brazilian Day Locations in 2011 introducing 3 venues for your enjoyment!!!

1 - Tumbalong Park - Darling Harbour - 10am to 6pm - Free entry

Have a ball in this outdoor area and enjoy the Brazilian Food, Caipirinhas, Craft stalls and incredible performances at the main stage.

No doubts this is the best way for you to "dive" into the nation that introduced Samba to the world for a time filled with its joys, passion and colours! Come join us in a day full of traditional Brazilian Food, Live Music, Capoeira, Samba Girls, Live Drums and more... Everyone is welcome! Bring your family, friends and spread the word.

Presented by the Brazilian Community Council of Australia.

[www.bracca.org](http://www.bracca.org) - Info: 9560-6866

Become a member of BraCCA and support the Brazilian culture

\* CB - LA - 13th Batizado - hosted by Mestre Boneco  
Tuesday - 27/09 - Sunday - 02/10

\* CB-Townsville Event:  
9th Capoeira Festival Townsville 08/ 10 - 16/10/2011



**BRACCA**  
Brazilian Community Council of Australia Inc.

Presents:

# RITMO BRAZILIAN DAY 2011

The biggest Brazilian festival in Australia!

## SUNDAY 18<sup>th</sup> OF SEPTEMBER

starts at 11am

\* delicious food \* bands \* capoeira \*  
\* samba girls & live drums performances \*

Tumbalong Park - Darling Harbour



Song of the Month...

\* BERIMBAU INSTRUMENTO GENIAL (BANGUELA (cd-Muzenza).

Eh! Berimbau, instrumento genial  
Oi! Berimbau, você é fenomenal  
Eh! Berimbau, instrumento genial  
Oi! Berimbau, você é fenomenal

Entro na roda, logo vou te encarinhando  
Com a baqueta e arruela  
A minha chula eu vou cantando

Berimbau instrumento que tem som  
Toca a paz e toca a Guerra  
E também chula de amor

Eh! Berimbau, instrumento genial  
Oi! Berimbau, voce é fenomenal  
Eh! Berimbau, instrumento genial  
Oi! Berimbau, você é fenomenal

Movement of the month “ Au Sem Mao” by Mulan

AU SEM MAO:

- 1) Initial Position : “ginga” position
- 2) Back leg steps lateral and wide, bringing the torso close to the knee at the same time the other leg goes straight up.
- 3+4+5) Using momentum and speed, complete the “AU ”.
- 6) Back in “ginga” position.

Birthdays of the month...

Kids:

Babalú - Tia 04/09

Papagaio - Jezza Cohen 23/09

Esponjinha - Tara Linker - 29/09

Adults:

Tico tico - Tainan Masch Marchiori 08/09

Caruru - Annabelle Organ 11/09

Arara's (baby) Indiana 29/09

Happy Birthday to all September capoeiristas!!!



Mestre Boneco's 05 sequences of movements...

Sequence 1)

- A: Meia Lua de Frente, ginga; Esquiva Da Ginga into Queixada direta  
B: Descida Trocando into Meia Lua de Chão; Esquiva Lateral into Passada pelas costas.

Sequence 2)

- A: Meia Lua de Frente, ginga; Esquiva Da Ginga, Meia Lua de Compasso (or Meia Lua de traz);  
Esquiva Lateral into Passada pelas Costas  
B: Descida Trocando into Meia Lua de Chão (finish to the back, stay); Esquiva Da ginga into Queixada direta.

Sequence 3)

- A: Meia Lua de Frente (finish at the back, don't Ginga); POXETA, in one direction, Meia Lua de Compasso in the other...; Esquiva Lateral into Passada pelas costas  
B: Troca da Base Suave, Queixada; Esquiva Da Ginga into Queixada direta.

Sequence 4)

- A: Armada Entrando; Esquiva Lateral into Queixada Direta; Rasteira em Pe into Vingativa  
B: Esquiva Da ginga into Queixada Direta (finish at the back, don't ginga); Martelo de Tráz (with the back leg).

Sequence 5)

- A: Meia Lua de Compasso; Esquiva Da ginga, Troca de Base com apoio da mao (switch stance with hand to the ground), into Meia Lua de Compasso  
B: Esquiva Da ginga, Troca de Base com apoio da mao (switch stance with hand to the ground)) into Queixada (finish in the back into Ginga position); From Ginga position, into Passada pelas costas, mid way through the front leg into Meia Lua de Compasso, soon pass the opponents head, break into vingativa.

• Bondi corner...

Dear students and parents!!

With the end of the year approaching, it is time to start to think about “ how can I work for my grading next year? “

As you know it is a lot to organise and would be much easier if we form committee and sub-commits that will put together :

- 1) Design logo for the event: that will go on: banner, sponsor proposal, t-shirts, poster, flyers.
- 2) Organise a sponsor proposal.
- 3) Apply for Governmental and Council grants.
- 4) Find private sponsors: restaurants, hotel, cafes, airlines, donation...
- 5) T-shirt.
- 6) We can start to ask for donations of goods such as: vouchers (for restaurants, clothes, specifics classes personal training, yoga, Pilates, etc..., treatments massages, acupunctures, osteopathy, etc...,) for the ruffles and Quiz night with prizes.
- 7) Donation of art: sculpture, paintings, photography, etc... for the Art Auction
- 8) Feijoada Night with life music and prizes.
- 9) Singing Competition with prizes.



Support from...

It is always important to remind people that our successful grading in March was thanks to local artist and business listened below:

**Local business:** Cafe Brasil; Between The Flags, Peach Cosmetic Medicine; Nature Care Holistic; Venetia Elaine; Kaleidoscope Tattoo; Cafe Depot; Ambrosia health centre; Sejuiced;

**The artists:** Fila; David Prichard; Eli Braga; Fernanda Porto; Maite M. Marchiori; Emma Magenta; Lia Klugman;

Thank you so much for believing that with positivity, love and union we can get stronger and successful!!!



Credits:

Editor: Formanda Meirelou, Seriema

Message of the month: Formanda Meirelou

Movement of the month: Mulan

Design: capoeirabrazil.com.au